

Wettkampf 5 - 400m Lagen weiblich

CR: 04:47,96 - Giulia Goerigk (SGR Karlsruhe) am 13.03.2020 in Essen

Pflichtzeiten

offen: 06:00,00

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Kohlmann, Laura Sophie	2009	SG Essen	04:50,93	16
	50m: 00:31,77 (00:31,77) 100m: 01:07,91 (00:36,14) 150m: 01:45,50 (00:37,59) 200m: 02:22,67 (00:37,17) 250m: 03:04,17 (00:41,50) 300m: 03:45,73 (00:41,56) 350m: 04:18,46 (00:32,73) 400m: 04:50,93 (00:32,47)				
2.	Helget, Mira	2009	AMTV-WTB Hamburg	04:53,98	16
	50m: 00:31,74 (00:31,74) 100m: 01:06,92 (00:35,18) 150m: 01:42,72 (00:35,80) 200m: 02:18,22 (00:35,50) 250m: 03:01,93 (00:43,71) 300m: 03:45,27 (00:43,34) 350m: 04:19,94 (00:34,67) 400m: 04:53,98 (00:34,04)				
3.	Wegrotzki, Evelyn	2010	SG HT16	05:02,93	14
	50m: 00:31,67 (00:31,67) 100m: 01:07,73 (00:36,06) 150m: 01:47,53 (00:39,80) 200m: 02:26,09 (00:38,56) 250m: 03:09,60 (00:43,51) 300m: 03:53,75 (00:44,15) 350m: 04:29,29 (00:35,54) 400m: 05:02,93 (00:33,64)				
4.	Gügelmeyer, Sofie	2007	SV Wasserfreunde Dalum	05:38,53	4
	50m: 00:34,13 (00:34,13) 100m: 01:13,32 (00:39,19) 150m: 02:00,24 (00:46,92) 200m: 02:45,35 (00:45,11) 250m: 03:34,03 (00:48,68) 300m: 04:21,80 (00:47,77) 350m: 05:01,66 (00:39,86) 400m: 05:38,53 (00:36,87)				
5.	Krinke, Laura	2008	VFL Gladbeck 1921	05:43,37	4
	50m: 00:34,61 (00:34,61) 100m: 01:17,30 (00:42,69) 150m: 02:03,14 (00:45,84) 200m: 02:47,94 (00:44,80) 250m: 03:36,61 (00:48,67) 300m: 04:27,42 (00:50,81) 350m: 05:06,22 (00:38,80) 400m: 05:43,37 (00:37,15)				
6.	Mackowski, Lena	2008	PSV Oberhausen	05:45,57	3
	50m: 00:34,86 (00:34,86) 100m: 01:17,15 (00:42,29) 150m: 02:01,73 (00:44,58) 200m: 02:46,32 (00:44,59) 250m: 03:37,42 (00:51,10) 300m: 04:28,41 (00:50,99) 350m: 05:08,01 (00:39,60) 400m: 05:45,57 (00:37,56)				
7.	Nemanikhina, Kira	2011	PSV Oberhausen	05:59,37	2
	50m: 00:36,58 (00:36,58) 100m: 01:22,60 (00:46,02) 150m: 02:09,63 (00:47,03) 200m: 02:56,23 (00:46,60) 250m: 03:46,81 (00:50,58) 300m: 04:36,89 (00:50,08) 350m: 05:18,33 (00:41,44) 400m: 05:59,37 (00:41,04)				
8.	Smyczynski, Lina	2009	SG Eintracht Ergste	06:01,04	KMR
	50m: 00:37,19 (00:37,19) 100m: 01:24,55 (00:47,36) 150m: 02:08,27 (00:43,72) 200m: 02:53,79 (00:45,52) 250m: 03:44,85 (00:51,06) 300m: 04:39,39 (00:54,54) 350m: 05:20,42 (00:41,03) 400m: 06:01,04 (00:40,62)				
9.	Sakowski, Darleen	2011	VFL Gladbeck 1921	06:04,95	KMR
	50m: 00:37,30 (00:37,30) 100m: 01:22,67 (00:45,37) 150m: 02:10,65 (00:47,98) 200m: 02:55,51 (00:44,86) 250m: 03:48,26 (00:52,75) 300m: 04:40,62 (00:52,36) 350m: 05:24,76 (00:44,14) 400m: 06:04,95 (00:40,19)				
10.	Overbeck, Cinja	2005	VFL Gladbeck 1921	06:29,16	KMR
	50m: 00:39,05 (00:39,05) 100m: 01:24,54 (00:45,49) 150m: 02:18,67 (00:54,13) 200m: 03:11,32 (00:52,65) 250m: 04:04,20 (00:52,88) 300m: 04:57,83 (00:53,63) 350m: 05:44,55 (00:46,72) 400m: 06:29,16 (00:44,61)				
	<u>nicht am Start</u>				
	Szabó, Sára	2013	SG Schwimmen Münster		KMR