

## Wettkampf 4 - 400m Freistil männlich

CR: 03:51,94 - Poul Zellmann (SG Essen) am 23.03.2018 in Essen

### Pflichtzeiten

2013 bis 2016: 06:40,00 2012 und älter: 05:10,00

### Jugend D

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Klein, Hugo <i>50m: 00:35,03 (00:35,03) 100m: 01:15,11 (00:40,08) 150m: 01:57,59 (00:42,48) 200m: 02:40,98 (00:43,39) 250m: 03:25,34 (00:44,36) 300m: 04:09,33 (00:43,99) 350m: 04:52,61 (00:43,28) 400m: 05:33,86 (00:41,25)</i>	2015	SG Essen	05:33,86	7
2.	Bargmann, Tamio <i>50m: 00:35,42 (00:35,42) 100m: 01:16,87 (00:41,45) 150m: 02:00,90 (00:44,03) 200m: 02:43,77 (00:42,87) 250m: 03:26,82 (00:43,05) 300m: 04:10,82 (00:44,00) 350m: 04:55,16 (00:44,34) 400m: 05:35,95 (00:40,79)</i>	2015	SG Essen	05:35,95	6
3.	Asmann, Tammes <i>50m: 00:38,02 (00:38,02) 100m: 01:20,05 (00:42,03) 150m: 02:04,31 (00:44,26) 200m: 02:46,78 (00:42,47) 250m: 03:31,58 (00:44,80) 300m: 04:14,90 (00:43,32) 350m: 04:59,53 (00:44,63) 400m: 05:40,45 (00:40,92)</i>	2015	SG Essen	05:40,45	5
4.	Chen, Yujia Veit <i>50m: 00:37,83 (00:37,83) 100m: 01:19,88 (00:42,05) 150m: 02:03,54 (00:43,66) 200m: 02:46,99 (00:43,45) 250m: 03:30,32 (00:43,33) 300m: 04:14,33 (00:44,01) 350m: 04:58,29 (00:43,96) 400m: 05:41,15 (00:42,86)</i>	2015	SG Essen	05:41,15	5
5.	Heymanns, Oskar <i>50m: 00:39,49 (00:39,49) 100m: 01:23,43 (00:43,94) 150m: 02:08,22 (00:44,79) 200m: 02:51,25 (00:43,03) 250m: 03:36,02 (00:44,77) 300m: 04:20,03 (00:44,01) 350m: 05:04,00 (00:43,97) 400m: 05:45,16 (00:41,16)</i>	2016	SG Essen	05:45,16	9

disqualifiziert

Schüler, Justus 2016 SG Essen

KMR

*Der Sportler startete vor dem Startsignal.*

*Uhrzeit der Bekanntgabe: 16:20*

### Jugend C

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Kopp, Joris <i>50m: 00:29,38 (00:29,38) 100m: 01:03,18 (00:33,80) 150m: 01:37,84 (00:34,66) 200m: 02:13,83 (00:35,99) 250m: 02:49,58 (00:35,75) 300m: 03:25,66 (00:36,08) 350m: 04:00,81 (00:35,15) 400m: 04:34,15 (00:33,34)</i>	2013	SGS Hamburg	04:34,15	13
2.	Vos, Malon <i>50m: 00:31,92 (00:31,92) 100m: 01:07,38 (00:35,46) 150m: 01:44,46 (00:37,08) 200m: 02:19,92 (00:35,46) 250m: 02:56,04 (00:36,12) 300m: 03:31,74 (00:35,70) 350m: 04:06,72 (00:34,98) 400m: 04:38,27 (00:31,55)</i>	2013	Hamburger SC	04:38,27	12
3.	Düngel, Ben <i>50m: 00:31,53 (00:31,53) 100m: 01:07,12 (00:35,59) 150m: 01:43,81 (00:36,69) 200m: 02:20,05 (00:36,24) 250m: 02:56,89 (00:36,84) 300m: 03:33,40 (00:36,51) 350m: 04:10,54 (00:37,14) 400m: 04:45,99 (00:35,45)</i>	2013	SG Essen	04:45,99	10
4.	Birk, Tom <i>50m: 00:32,37 (00:32,37) 100m: 01:09,60 (00:37,23) 150m: 01:48,82 (00:39,22) 200m: 02:27,30 (00:38,48) 250m: 03:06,02 (00:38,72) 300m: 03:44,98 (00:38,96) 350m: 04:23,68 (00:38,70) 400m: 04:59,43 (00:35,75)</i>	2013	SG Essen	04:59,43	6
5.	Berger, Jan Ole <i>50m: 00:33,08 (00:33,08) 100m: 01:11,74 (00:38,66) 150m: 01:49,92 (00:38,18) 200m: 02:29,17 (00:39,25) 250m: 03:08,32 (00:39,15) 300m: 03:47,55 (00:39,23) 350m: 04:25,56 (00:38,01) 400m: 05:01,77 (00:36,21)</i>	2013	SG Essen	05:01,77	6
6.	Burger, Jonas <i>50m: 00:32,35 (00:32,35) 100m: 01:10,99 (00:38,64) 150m: 01:49,81 (00:38,82) 200m: 02:30,26 (00:40,45) 250m: 03:08,43 (00:38,17) 300m: 03:48,58 (00:40,15) 350m: 04:26,72 (00:38,14) 400m: 05:05,03 (00:38,31)</i>	2013	SG Gladbeck/Recklinghausen	05:05,03	5

## noch Wettkampf 4 - 400m Freistil männlich

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Peschke, Philipp	2005	SG Essen	03:57,27	14
	<i>50m: 00:26,75 (00:26,75) 100m: 00:56,15 (00:29,40) 150m: 01:26,71 (00:30,56) 200m: 01:57,16 (00:30,45) 250m: 02:27,76 (00:30,60) 300m: 02:57,87 (00:30,11) 350m: 03:28,15 (00:30,28) 400m: 03:57,27 (00:29,12)</i>				
2.	Lieschke, Jonas	2009	Hamburger SC	04:02,65	15
	<i>50m: 00:26,96 (00:26,96) 100m: 00:56,48 (00:29,52) 150m: 01:27,32 (00:30,84) 200m: 01:57,95 (00:30,63) 250m: 02:28,93 (00:30,98) 300m: 02:59,82 (00:30,89) 350m: 03:31,38 (00:31,56) 400m: 04:02,65 (00:31,27)</i>				
3.	Lehmann, Tjark Liam	2009	SG Bille Hamburg	04:05,37	14
	<i>50m: 00:27,68 (00:27,68) 100m: 00:58,12 (00:30,44) 150m: 01:29,18 (00:31,06) 200m: 02:00,18 (00:31,00) 250m: 02:31,64 (00:31,46) 300m: 03:02,92 (00:31,28) 350m: 03:34,53 (00:31,61) 400m: 04:05,37 (00:30,84)</i>				
4.	Häfelinger, Jannik	2010	Hamburger SC	04:09,42	14
	<i>50m: 00:28,15 (00:28,15) 100m: 00:58,69 (00:30,54) 150m: 01:30,13 (00:31,44) 200m: 02:01,90 (00:31,77) 250m: 02:34,00 (00:32,10) 300m: 03:05,99 (00:31,99) 350m: 03:38,01 (00:32,02) 400m: 04:09,42 (00:31,41)</i>				
5.	Büscher, Theodor	2011	SG Essen	04:12,58	14
	<i>50m: 00:29,00 (00:29,00) 100m: 01:01,21 (00:32,21) 150m: 01:33,50 (00:32,29) 200m: 02:06,93 (00:33,43) 250m: 02:40,24 (00:33,31) 300m: 03:11,73 (00:31,49) 350m: 03:43,01 (00:31,28) 400m: 04:12,58 (00:29,57)</i>				
6.	Franze, Paco	2011	SG Essen	04:17,00	13
	<i>50m: 00:29,02 (00:29,02) 100m: 01:01,17 (00:32,15) 150m: 01:33,82 (00:32,65) 200m: 02:06,99 (00:33,17) 250m: 02:40,23 (00:33,24) 300m: 03:13,42 (00:33,19) 350m: 03:46,61 (00:33,19) 400m: 04:17,00 (00:30,39)</i>				
7.	Hamburg, David	2009	AMTV-WTB Hamburg	04:21,18	10
	<i>50m: 00:29,01 (00:29,01) 100m: 01:00,92 (00:31,91) 150m: 01:33,55 (00:32,63) 200m: 02:06,70 (00:33,15) 250m: 02:40,67 (00:33,97) 300m: 03:14,43 (00:33,76) 350m: 03:48,31 (00:33,88) 400m: 04:21,18 (00:32,87)</i>				
8.	Laadraoui, Mohamed	2011	SSF Bonn	04:22,43	12
	<i>50m: 00:29,57 (00:29,57) 100m: 01:02,90 (00:33,33) 150m: 01:35,36 (00:32,46) 200m: 02:09,32 (00:33,96) 250m: 02:42,16 (00:32,84) 300m: 03:16,19 (00:34,03) 350m: 03:48,95 (00:32,76) 400m: 04:22,43 (00:33,48)</i>				
9.	Labarre, Henri	2011	Hamburger SC	04:25,75	11
	<i>50m: 00:29,38 (00:29,38) 100m: 01:02,63 (00:33,25) 150m: 01:37,08 (00:34,45) 200m: 02:11,59 (00:34,51) 250m: 02:46,02 (00:34,43) 300m: 03:20,26 (00:34,24) 350m: 03:54,05 (00:33,79) 400m: 04:25,75 (00:31,70)</i>				
10.	Adam, Paul	2011	SG HT16	04:27,13	10
	<i>50m: 00:30,30 (00:30,30) 100m: 01:03,60 (00:33,30) 150m: 01:37,90 (00:34,30) 200m: 02:12,03 (00:34,13) 250m: 02:47,04 (00:35,01) 300m: 03:21,17 (00:34,13) 350m: 03:55,54 (00:34,37) 400m: 04:27,13 (00:31,59)</i>				
11.	Asmann, Bastian	2011	SG Essen	04:29,64	10
	<i>50m: 00:29,38 (00:29,38) 100m: 01:01,94 (00:32,56) 150m: 01:36,41 (00:34,47) 200m: 02:11,16 (00:34,75) 250m: 02:46,05 (00:34,89) 300m: 03:20,77 (00:34,72) 350m: 03:56,02 (00:35,25) 400m: 04:29,64 (00:33,62)</i>				
12.	Kopp, Joris	2013	SGS Hamburg	04:34,15	13
	<i>50m: 00:29,38 (00:29,38) 100m: 01:03,18 (00:33,80) 150m: 01:37,84 (00:34,66) 200m: 02:13,83 (00:35,99) 250m: 02:49,58 (00:35,75) 300m: 03:25,66 (00:36,08) 350m: 04:00,81 (00:35,15) 400m: 04:34,15 (00:33,34)</i>				
13.	Krietenbrink, Samuel Konrad	2012	SG Essen	04:34,51	11
	<i>50m: 00:28,69 (00:28,69) 100m: 01:00,86 (00:32,17) 150m: 01:36,13 (00:35,27) 200m: 02:11,50 (00:35,37) 250m: 02:47,15 (00:35,65) 300m: 03:23,62 (00:36,47) 350m: 04:00,22 (00:36,60) 400m: 04:34,51 (00:34,29)</i>				
14.	Lange, Anton	2010	SG Essen	04:35,09	7
	<i>50m: 00:29,98 (00:29,98) 100m: 01:02,79 (00:32,81) 150m: 01:37,96 (00:35,17) 200m: 02:12,86 (00:34,90) 250m: 02:48,68 (00:35,82) 300m: 03:23,78 (00:35,10) 350m: 04:00,41 (00:36,63) 400m: 04:35,09 (00:34,68)</i>				
15.	Jalloh, Lamarana	2012	Hamburger SC	04:37,27	10
	<i>50m: 00:31,01 (00:31,01) 100m: 01:06,21 (00:35,20) 150m: 01:41,49 (00:35,28) 200m: 02:17,30 (00:35,81) 250m: 02:52,96 (00:35,66) 300m: 03:28,69 (00:35,73) 350m: 04:03,70 (00:35,01) 400m: 04:37,27 (00:33,57)</i>				
16.	Gondro, LAUREN Peter	2012	SG Essen	04:38,12	10
	<i>50m: 00:31,00 (00:31,00) 100m: 01:06,31 (00:35,31) 150m: 01:42,42 (00:36,11) 200m: 02:18,23 (00:35,81) 250m: 02:55,13 (00:36,90) 300m: 03:30,88 (00:35,75) 350m: 04:06,68 (00:35,80) 400m: 04:38,12 (00:31,44)</i>				

## noch Wettkampf 4 - 400m Freistil männlich

### noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
17.	Vos, Malon	2013	Hamburger SC	04:38,27	12
	<i>50m: 00:31,92 (00:31,92) 100m: 01:07,38 (00:35,46) 150m: 01:44,46 (00:37,08) 200m: 02:19,92 (00:35,46) 250m: 02:56,04 (00:36,12) 300m: 03:31,74 (00:35,70) 350m: 04:06,72 (00:34,98) 400m: 04:38,27 (00:31,55)</i>				
18.	Lindemann, Justus Moritz	2012	SG Essen	04:41,44	9
	<i>50m: 00:30,87 (00:30,87) 100m: 01:06,28 (00:35,41) 150m: 01:41,05 (00:34,77) 200m: 02:17,81 (00:36,76) 250m: 02:53,82 (00:36,01) 300m: 03:30,56 (00:36,74) 350m: 04:06,23 (00:35,67) 400m: 04:41,44 (00:35,21)</i>				
19.	Düngel, Ben	2013	SG Essen	04:45,99	10
	<i>50m: 00:31,53 (00:31,53) 100m: 01:07,12 (00:35,59) 150m: 01:43,81 (00:36,69) 200m: 02:20,05 (00:36,24) 250m: 02:56,89 (00:36,84) 300m: 03:33,40 (00:36,51) 350m: 04:10,54 (00:37,14) 400m: 04:45,99 (00:35,45)</i>				
20.	Rössel, Ben	2010	SSF Bonn	04:56,06	1
	<i>50m: 00:32,07 (00:32,07) 100m: 01:08,11 (00:36,04) 150m: 01:44,90 (00:36,79) 200m: 02:22,94 (00:38,04) 250m: 03:01,59 (00:38,65) 300m: 03:40,09 (00:38,50) 350m: 04:19,00 (00:38,91) 400m: 04:56,06 (00:37,06)</i>				
21.	Birk, Tom	2013	SG Essen	04:59,43	6
	<i>50m: 00:32,37 (00:32,37) 100m: 01:09,60 (00:37,23) 150m: 01:48,82 (00:39,22) 200m: 02:27,30 (00:38,48) 250m: 03:06,02 (00:38,72) 300m: 03:44,98 (00:38,96) 350m: 04:23,68 (00:38,70) 400m: 04:59,43 (00:35,75)</i>				
22.	Berger, Jan Ole	2013	SG Essen	05:01,77	6
	<i>50m: 00:33,08 (00:33,08) 100m: 01:11,74 (00:38,66) 150m: 01:49,92 (00:38,18) 200m: 02:29,17 (00:39,25) 250m: 03:08,32 (00:39,15) 300m: 03:47,55 (00:39,23) 350m: 04:25,56 (00:38,01) 400m: 05:01,77 (00:36,21)</i>				
23.	Burger, Jonas	2013	SG Gladbeck/Recklinghausen	05:05,03	5
	<i>50m: 00:32,35 (00:32,35) 100m: 01:10,99 (00:38,64) 150m: 01:49,81 (00:38,82) 200m: 02:30,26 (00:40,45) 250m: 03:08,43 (00:38,17) 300m: 03:48,58 (00:40,15) 350m: 04:26,72 (00:38,14) 400m: 05:05,03 (00:38,31)</i>				
24.	Klein, Hugo	2015	SG Essen	05:33,86	7
	<i>50m: 00:35,03 (00:35,03) 100m: 01:15,11 (00:40,08) 150m: 01:57,59 (00:42,48) 200m: 02:40,98 (00:43,39) 250m: 03:25,34 (00:44,36) 300m: 04:09,33 (00:43,99) 350m: 04:52,61 (00:43,28) 400m: 05:33,86 (00:41,25)</i>				
25.	Bargmann, Tamio	2015	SG Essen	05:35,95	6
	<i>50m: 00:35,42 (00:35,42) 100m: 01:16,87 (00:41,45) 150m: 02:00,90 (00:44,03) 200m: 02:43,77 (00:42,87) 250m: 03:26,82 (00:43,05) 300m: 04:10,82 (00:44,00) 350m: 04:55,16 (00:44,34) 400m: 05:35,95 (00:40,79)</i>				
26.	Asmann, Tammes	2015	SG Essen	05:40,45	5
	<i>50m: 00:38,02 (00:38,02) 100m: 01:20,05 (00:42,03) 150m: 02:04,31 (00:44,26) 200m: 02:46,78 (00:42,47) 250m: 03:31,58 (00:44,80) 300m: 04:14,90 (00:43,32) 350m: 04:59,53 (00:44,63) 400m: 05:40,45 (00:40,92)</i>				
27.	Chen, Yujia Veit	2015	SG Essen	05:41,15	5
	<i>50m: 00:37,83 (00:37,83) 100m: 01:19,88 (00:42,05) 150m: 02:03,54 (00:43,66) 200m: 02:46,99 (00:43,45) 250m: 03:30,32 (00:43,33) 300m: 04:14,33 (00:44,01) 350m: 04:58,29 (00:43,96) 400m: 05:41,15 (00:42,86)</i>				
28.	Heymanns, Oskar	2016	SG Essen	05:45,16	9
	<i>50m: 00:39,49 (00:39,49) 100m: 01:23,43 (00:43,94) 150m: 02:08,22 (00:44,79) 200m: 02:51,25 (00:43,03) 250m: 03:36,02 (00:44,77) 300m: 04:20,03 (00:44,01) 350m: 05:04,00 (00:43,97) 400m: 05:45,16 (00:41,16)</i>				